

Kenosha Unified School District
Physical Education Curriculum
Elementary School: Grades 3 – 5

Big Ideas:	Guiding Questions:
<ul style="list-style-type: none"> x Thinking and planning allows for performance in a shorter time period with less effort. x Working together as a team, greater success can happen as opposed to working as individuals. x People who are fit engage in physical activity on a regular basis. x Participation in physical activities and/or sports will provide an opportunity for developing an understanding and respect for differences among people. x Leadership is best shown through actions that encourage everyone to perform better. x Positive decision making about fitness contributes to a healthy lifestyle. 	<ul style="list-style-type: none"> x What types of movement skills can I combine? x What motor skills can I apply to new skills and games? x How do I get better? x What daily physical activities do I participate in? x What are the health benefits of being physically active? How do I get better?